Webster Recreation Center
Fitness Facility

NEW YEARS SPECIAL – BUY AN ANNUAL MEMBERSHIP AND RECEIVE THE 13TH MONTH FOR FREE!

Facility

- A 3500 square foot state of the art fitness center that includes a variety of all newly purchased cardio vascular training equipment, strength machines and free weights (including an Olympic lifting station), and Cardio-Theatre with flat screen televisions.
- Showers and locker rooms.
- Two racquetball courts.
- Gymnasium with two full size basketball courts.
- Outside (lighted) tennis /pickle ball courts and basketball court.
- Outdoor 1 mile paved walking/running trail.

Benefits

- Secure, members only fitness room/center.
- A wide range of classes and programs that focus on all aspects of mind and body for toddlers to seniors and everyone in between.
- An on-site massage therapist.
- Free classes and discounts on classes and programs with membership including free core classes for members.
- Personalized fitness assessments and programs facilitated by Jay Verna, CSCS-degree in exercise physiology and 16 years experience in the fitness field and other certified staff.
- Facilities (WRC and lodges) for team building, business lunches, meetings, breakfast, etc.
- Small group training sessions.

Membership Info: Annual and punch pass memberships for individuals and families are available for Webster residents and non-residents including senior discounted memberships. Please visit our website at www.ci.webster.ny.us or contact the Webster Parks and Recreation Center for more details and fees.

Webster Parks and Recreation
1350 Chiyoda Drive, Webster NY 14580
Phone: 585 - 872 - 7103
Email: parksandrec@ci.webster.ny.us
Website: http://www.ci.webster.ny.us