



# Webster Recreation Center Senior Happenings JANUARY 2015



## Faith 'n Begorra

2014 was an interesting year- a few tears but many cheers! We visited our Greece Pen Pals; threw "hoops" at the Super Bowl Party and threw balls at the Wii Bowling Tournament; had our hair cut by Ron and called "Bingo"! every week; "Matter of Balance" kept us upright and so did our great exercise programs with Jay, Gina and staff; We wished our dear "Mary" a Happy 100<sup>th</sup>; our chorus sang "here" and "there"; we "tripped" to the Public Market, Wegmans and beyond; "Visionaries" gave "sight" every month; our Historian Joe taught us well; card players, Majong, crafts.....and to top it all we celebrated our Senior Center's 35<sup>th</sup> Anniversary!

That is just the "tip of the iceberg" of the programs we have at our Senior Center. Our new program guide with more wonderful programs will be out soon-check it out!

Our staff and volunteers wish you and yours a happy, blessed New Year and we wish you all that is stated in this poem by American Poet Louis Untermeyer:

### Prayer For This House:

May nothing evil cross this door,  
And may ill fortune never pry  
About these windows; may the roar  
And rain go by.

Strengthened by faith, these rafters will  
Withstand the batt'ring of the storm;  
This hearth, though all the world grow chill,  
Will keep us warm.

Peace shall walk softly through these rooms,  
Touching our lips with holy wine,  
Till ev'ry casual corner blooms  
Into a shrine.

Laughter shall drown the raucous shout;  
And, though these shelt'ring walls are thin,  
May they be strong to keep hate out  
And hold love in.

Faith



**IMPORTANT PHONE NUMBERS:**

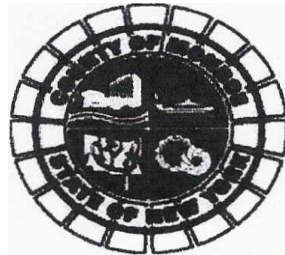
**Senior Transportation - 872-0385**

**Faith Bell - 872-7117**

**Kim Doyle - 872-0385**

**Webster Parks and Recreation - 872-7103**

# From the Bistro



Because we care about your health and wellness, Monroe County DHS/Office for the Aging and the sponsor of this program advise all persons **not** to take home potentially hazardous foods. This includes meat, dairy/milk, poultry, fish, eggs or foods that contain such products. Food safety and sanitation information is available.

## **CARE MANAGER'S CORNER**

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Many of you are unaware of what Karleen Cirulli and the caseworkers from Eldersource can help with. Each month there will be a sample question that often comes up when working with seniors. We are hoping that this column will help clarify what the caseworkers' role is and that you will seek them out for help and guidance if you need assistance. Karleen will be available to you at the Center on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month from 9:00am-12:00pm.

### **QUESTION OF THE MONTH:**

Do you have a working smoke detector and/or carbon monoxide detector in your home or apartment? Is it more than 10 years old? If so, you may want to consider obtaining a new smoke detector. Do you feel unsafe in the shower and need grab bars? Lifespan has a program to assess your home for safety and professionally install needed grab bars and provide other safety equipment. Please see Karleen Cirulli, Eldersource Care Manager, on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month from 9:00am to 12:00pm. Wishing you a Happy and Healthy New Year!

**January Babies...**

**Time to celebrate! Our birthday  
party will be  
Friday, January 9th.**





## JANUARY BIRTHDAY'S

Laura Quinzi- January 2<sup>nd</sup>  
Jacquelyn Schultz-January 6<sup>th</sup>  
Beverly Neumann-January 13<sup>th</sup>  
Pearl Canty-January 13<sup>th</sup>  
Shirley Tieppo- January 14<sup>th</sup>  
Bert Laplant-January 16<sup>th</sup>  
Don Ducharme- January 17<sup>th</sup>  
Elaine King- January 18<sup>th</sup>  
Angie Scofero-January 18<sup>th</sup>  
Sally Piccininni- January 22<sup>nd</sup>

Remember if the Webster Senior Center closes for any reason it will be on the news under closings as;

**Monroe County Senior Center Nutrition Program -  
Closed**

